



## 2020 SCOTTISH NATIONAL DANCE PREMIERSHIP STEPS

	<b>7 &amp; under 12 years</b>	<b>12 &amp; under 16 years</b>	<b>16 years &amp; over</b>
<b>IRISH JIG</b>	Intro: Method 4 (Bars 1 to 4 facing front) 1 <sup>st</sup> Step: Circle 2 <sup>nd</sup> Step: Shuffling (any variation) 6 <sup>th</sup> Step: Diagonal Travel 2 <sup>nd</sup> Step Finishing: Triple Shuffle (turn on bars 5 and 6)	Intro: Method 5 (Bars 1 to 4 facing front) 1 <sup>st</sup> Step: Circle (Bars 15 & 16 - cramp roll with tap spring) 7 <sup>th</sup> Step: Donnybrook 3 <sup>rd</sup> Step: Break Step 6 <sup>th</sup> Step: Diagonal Travel 8 <sup>th</sup> Step: Cross and Clip-Heels	Intro: Method 5 (Bars 1 to 4 facing front) 1 <sup>st</sup> Step: Circle (Bars 15 & 16 - cramp roll with tap spring) 7 <sup>th</sup> Step: Donnybrook 3 <sup>rd</sup> Step: Break Step 6 <sup>th</sup> Step: Diagonal Travel (turn on break) 8 <sup>th</sup> Step: Cross and Clip-Heels
<b>FLORA MACDONALDS FANCY</b> <b>(BATD method only)</b>	1 <sup>st</sup> Step: Hop Brush Beat Beat 2 <sup>nd</sup> Step: Syncopated Hop 5 <sup>th</sup> Step: Pas de Basque (with body turn) 6 <sup>th</sup> Step: Second Syncopated Hop	1 <sup>st</sup> Step: Hop Brush Beat Beat 2 <sup>nd</sup> Step: Syncopated Hop 3 <sup>rd</sup> Step: Diagonal Travel 6 <sup>th</sup> Step: Second Syncopated Hop	1 <sup>st</sup> Step: Hop Brush Beat Beat 3 <sup>rd</sup> Step: Diagonal Travel (Bar 4 – assemble change) 5 <sup>th</sup> Step: Pas de Basque (with body turn) 6 <sup>th</sup> Step: Second Syncopated Hop
<b>HIGHLAND LADDIE</b> <b>(SDTA method only)</b>	1 <sup>st</sup> Step: Half Turn and High Cut 3 <sup>rd</sup> Step: Shuffles 5 <sup>th</sup> Step: Brush and Travel (with entrechat) 6 <sup>th</sup> Step: Last Step	1 <sup>st</sup> Step: Half Turn and High Cut 2 <sup>nd</sup> Step: Point and Extend 5 <sup>th</sup> Step: Brush and Travel (with entrechat) 6 <sup>th</sup> Step: Last Step	1 <sup>st</sup> Step: Half Turn and High Cut 2 <sup>nd</sup> Step: Point and Extend 5 <sup>th</sup> Step: Brush and Travel (with entrechat) 6 <sup>th</sup> Step: Last Step
<b>THE VILLAGE MAID</b> <b>(UKA method only)</b>	1 <sup>st</sup> Step: Hop and Travel 3 <sup>rd</sup> Step: Second Hop and Travel 5 <sup>th</sup> Step: Pas de Basque and Side Travel 6 <sup>th</sup> Step: Diamond	1 <sup>st</sup> Step: Hop and Travel 3 <sup>rd</sup> Step: Second Hop and Travel 4 <sup>th</sup> Step: Second Russian Bourée 6 <sup>th</sup> Step: Diamond	1 <sup>st</sup> Step: Hop and Travel 4 <sup>th</sup> Step: Second Russian Bourée (Bar 4 – no hop into Bourée) 5 <sup>th</sup> Step: Pas de Basque and Side Travel 6 <sup>th</sup> Step: Diamond

**Note 1. Unless stipulated, any breaks may be danced in the Irish Jig.**

**Note 2. Male Dancers' must use male methods and introductions where applicable, including arms.**

**Note 3. The specified Examining Body methods must be danced, this includes Introduction and Endings.**

**Note 4. Dances may be danced in any order, however, the order of the Steps must be followed as listed above.**

**2<sup>nd</sup> September 2019**